

3-1-4,5;3-1

## Learning About Myself

<b>Grade Level</b>	Third
<b>Minimum Time Required</b>	30 Minutes
<b>Materials/Resources</b>	Copies of "Learning About Myself" worksheet, Pencils
<b>Subject Area(s)</b>	Guidance

### Project Description:

1. In this lesson, students will express their thought and feelings and demonstrate a positive attitude about themselves.
2. Distribute copies of the "Learning About Myself" worksheet and ask students to complete.
3. Ask students to share their responses with the class.

<b>Career Development Standard</b>	Knowledge of the importance of self concept. Awareness of the importance of growth and change.
<b>Career Development Indicator</b>	Demonstrate a positive attitude about self. Identify personal abilities, strengths and weaknesses. Identify personal feelings.
<b>Delivery Level</b>	Review
<b>Academic Standards</b>	
<b>Language Arts</b>	2.1.a Apply fundamental conventions of language in written work.
<b>Employability/SCANS Skills</b>	Basic Skills Thinking Skills
<b>Assessment/Rubric</b>	Students will be evaluated on class participation.

**Submitted by:** NCDG Elementary Group

## Learning About Myself

1. If I had three wishes, I would wish for:
2. I like to:
3. I am good at:
4. I am afraid of:
5. I don't like:
6. If I were principal of this school, I would:
7. I would like to learn to:
8. I would like to visit: